



	PORTION	WATER CONTENT	CALORIES	TOTAL CARBOHYDRATE, g (%DV)	DIETARY FIBER, g (%DV)	PROTEIN, g (%DV)	TOTAL FAT, g(%DV)	SATURATED FAT, g(%DV)	CHOLESTEROL, mg(%DV)	SODIUM, mg(%DV)	POTASSIUM, mg(%DV)	VITAMIN C, mg(%DV)	CALCIUM, mg(%DV)	IRON, mg(%DV)
Camelia	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Colomba	1 cup (150g)	87%	74	16 (6%)	2.5 (9%)	3 (6%)	0 (0%)	0 (0%)	0 (0%)	10 (<1%)	435 (9%)	3 (3%)	8 (<1%)	0.6 (3%)
Fenway Red	1 cup (150g)	84%	87	18 (7%)	2.3 (9%)	4 (8%)	0 (0%)	0 (0%)	0 (0%)	11 (<1%)	690 (15%)	8 (9%)	12 (1%)	0.9 (5%)
Mozart	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Mulberry Beauty	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Noblesse	1 cup (150g)	85%	83	18 (7%)	2.7 (10%)	4 (8%)	0 (0%)	0 (0%)	0 (0%)	8 (<1%)	555 (12%)	15 (17%)	10 (<1%)	0.45 (3%)
Rickey Russet	1 cup (150g)	79%	120	27 (10%)	2.3 (9%)	4 (8%)	0 (0%)	0 (0%)	0 (0%)	14 (<1%)	600 (13%)	18 (20%)	18 (1%)	0.6 (3%)
Rosi	1 cup (150g)	81%	105	24 (9%)	3.0 (11%)	3.5 (7%)	0 (0%)	0 (0%)	0 (0%)	12 (<1%)	615 (13%)	18 (20%)	18 (1%)	0.6 (3%)
Sifra	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Vivaldi	*	*	*	*	*	*	*	*	*	*	*	*	*	*

%DV = Percent Daily Values. Daily Values are based on 2,000-calorie diets for healthy adults. Individual nutrient needs vary based on age, gender, activity levels, and other factors. | * indicates missing data | Nutritional data based on 1 cup raw potato.